



Immune Response to Dengue Fever Infection in Endemic Areas of Lombok Barat

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Abstract: Dengue infection makes the body create immune responses, such as the formation of immunoglobulins. In Lombok Barat, 222 DHF cases with three fatalities are reported, with a CFR of 1.4%. The aim of this study was to determine the immune response to dengue fever in West Lombok. Analytical observational research method with cross-sectional study. Population included DHF patients in endemic areas of Lombok Barat, a total of 33 respondents suspected of dengue fever. Data on immune responses were gathered using dengue IgM and IgG tests. Respondent immune responses exhibited that 21.2% tested positive and 78.8% tested negative for IgM, while 63.6% tested positive and 36.4% tested negative for IgG. Statistical analysis of dengue fever infection with IgM using the Chi-square test obtained $p = 0.049 < \alpha = 0.05$, while dengue fever infection with IgG was $p = 0.113 > \alpha = 0.05$. The results of the analysis showed that there was a significant relationship between dengue fever infection and IgM test results, but there was no significant relationship between dengue fever infection and IgG test results. Most of the DHF infections in Lombok Barat were categorized as primary infections.

Keywords: Dengue infection; IgG; IgM; Immune response

Introduction

Dengue fever has become one of the serious public health issues, with 3.9 billion across 128 countries identified as at a high risk of Aedes mosquito-borne infection (Bhatt et al., 2013). At the beginning of 2023, the world faced a significantly increasing number of dengue fever cases, while fatalities had been reported in endemic areas, with further spread into areas which were previously free from dengue fever (WHO, 2023).

Several factors, such as climate change, unplanned urbanization programs, and increasing human-driven mobility, contribute to the spread of mosquito vectors and the increased risk of transmission (Bhatia et al., 2022; Purba et al., 2023; Urip et al., 2023). Recent studies also elaborate on the importance of understanding circulating dengue virus serotypes and their impacts on severity levels of the disease (Yung et al., 2015).

Additionally, the development of effective and safe dengue vaccines is the top-priority agenda in disease

control measures (Chua et al., 2014). Integrated vector control measures, including environmental control, insecticide utilization, and community participation, remain the key strategy in reducing DHF burdens (Dwiyanthi et al., 2023; Tatontos et al., 2022; WHO, 2018).

Dengue infection refers to a viral infection, which in its development is divided into Dengue Fever (DF), Dengue Hemorrhagic Fever (DHF), and Severe Dengue (SD) or Dengue Shock Syndrome (DSS) (WHO, 2011). The dengue virus belongs to the group of arthropod-borne viruses, classified under the genus *Flavivirus* and the family *Flaviviridae*. This virus possesses four serotypes (DENV-1, DENV-2, DENV-3, and DENV-4), which have been identified to circulate in some parts of the world, particularly in tropical and subtropical regions, including Indonesia (Khetarpal & Khanna, 2016; Tatontos et al., 2021; Utama et al., 2019).

Each viral serotype is sufficiently distinct that no cross-protection occurs, allowing outbreaks involving

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multiple serotypes (hyperendemicity) to arise. Subsequent infection with a different serotype can lead to severe complications (Schaefer et al., 2023; Sukohar, 2014; Wang et al., 2020). The infection is transmitted to humans through the bite of an infected female *Aedes* mosquito. Infection by one of the virus serotypes is 75% asymptomatic or may present with clinical symptoms. Dengue viral infection causes the body to give clinical responses and form antibodies (Wila & Nusa, 2020).

Secondary dengue infection refers to a subsequent dengue infection occurring after a previous episode of dengue. A subsequent infection with a different serotype can cause dengue disease with a higher severity level. Previous research reveals that 98% of dengue hemorrhagic fever/dengue shock syndrome (DHF/DSS) cases are categorized as secondary dengue infection. The pathophysiological mechanisms underlying the increased severity of secondary dengue infection are not yet fully understood but are allegedly associated with Antibody-Dependent Enhancement (ADE) mechanisms (Marvianto et al., 2023).

Dengue infection triggers the body to create immune responses, among which is the formation of immunoglobulins. One of the diagnostic components of DHF is based on serological testing for dengue-specific IgM and IgG antibodies (Arshad et al., 2021; Changal et al., 2016; Wila & Nusa, 2020).

According to data from the Ministry of Health, there were 131,265 dengue cases in 2022, with 40% cases experienced by children aged 0-14 years. Meanwhile, the fatalities reached 1,135 cases, with 73% identified to occur in children aged 0-14 years (Kaligis et al., 2023; Kemenkes RI, 2023).

Nearly 20-30% of dengue hemorrhagic fever cases progress to shock, and among those who develop shock, 40-50% lead to fatality. Most death cases in children with dengue fever are the consequences of dengue shock syndrome (Kusuma, 2025; Wang et al., 2019). DHF with DSS mainly occurs in children under 15 years, although several cases are noticeable in adults. Early symptoms include sudden fever and a range of other nonspecific signs and symptoms. During the acute phase of the disease, it is hardly possible to differentiate dengue fever from other diseases found in tropical regions (Burrell et al., 2017; Sukmawathi et al., 2024).

In 2021, a total of 2,697 DHF cases were reported in West Nusa Tenggara, with an incidence rate (IR) of 50.9/100,000 population, exceeding the national target of $\leq 49/100,000$. The number of deaths reached 21, resulting in a case fatality rate (CFR) of 0.8%, slightly higher than the national target of 0.7%. In Lombok Barat, DHF cases reached 222 patients, with three deaths at a CFR of 1.4% (Dikes Provinsi NTB, 2021).

The national target for dengue fever Case Fatality Rate (CFR) is $< 1\%$, and data on dengue IgM and IgG immune responses in West Lombok are currently unavailable. Therefore, this research is needed to monitor virus spread, determine transmission patterns (primary or secondary infection), strengthening dengue fever surveillance and guide disease control strategies (Sukmawathi et al., 2024).

Method

The research used an analytical observational design. The population and samples included DHF patients in endemic areas of Lombok Barat, namely in the service areas of Puskesmas Gerung, Puskesmas Kuripan, and Puskesmas Kediri. The samples represented a subset of the population, consisting of a minimum of 33 respondents.

Data collection began with a preparatory phase, which included enumerator training through a Focus Group Discussion (FGD) activity.

The collected data were primary and secondary on DHF cases, DHF patient characteristics, and the results of immune response testing in DHF patients in Lombok Barat.

Respondent criteria are suspected DHF based on medical diagnosis and platelet levels. The diagnosis of dengue fever is determined based on clinical and laboratory criteria including acute fever, bleeding manifestations, thrombocytopenia and hemoconcentration (WHO, 2009).

Data on respondent characteristics included respondent age, sex, levels of education, and levels of knowledge about DHF infection, collected through interviews and questionnaire distribution. Validity of questionnaire instruments based on literature (Guzman & Harris, 2015; Kemenkes RI, 2022; Lambrechts et al., 2010; Nastiti et al., 2021; Sim & Dimopoulos, 2010; WHO, 2009).

In this study, respondents underwent an NS1 test before the immune response test with IgM and IgG tests. Respondent immune response data was obtained from IgM and IgG tests using Fast Clear Q Dengue IgM/IgG with a sensitivity of 95.7% and a specificity of 98.3%, with a total accuracy of 99.1% (Puspita & Aryati, 2018).

Data processing was made up of the following stages: variable coding, tabulation, and computation using the SPSS program. Moreover, data analysis was carried out by conducting descriptive analysis (percentage) and data analysis with Chi-square test.

Result and Discussion

In this study there were 33 respondents from dengue fever endemic areas in West Lombok (Dinas Kesehatan Lombok Barat, 2022), composed of 12 patients from the service area of Puskesmas Kuripan, 11 patients from the service area of Puskesmas Kediri, and 10 patients from the service area of Puskesmas Gerung,

were observed. The analysis results of respondent characteristics, covering age, sex, levels of education, and levels of knowledge about DHF infection, are explained in the following sections.

Age and DHF Infection

Table 1 indicates respondent age characteristics with DHF infection in Lombok Barat.

Table 1. Respondent age with DHF infection in Lombok Barat

Age group (year)	DHF Infection				Total	
	Sub-total (Negative)	Percentage (%)	Sub-total (Positive)	Percentage (%)	Sub-total	Percentage (%)
Infant and toddler (0-5)	0	0	2	100	2	100
Child (6-12)	2	25	6	75	8	100
Adolescent (13-18)	3	42.9	4	57.1	7	100
Adult (19-44)	1	10	9	90	10	100
Pre-elderly (45-59)	1	16.7	5	83.3	6	100
Total	7		26		33	

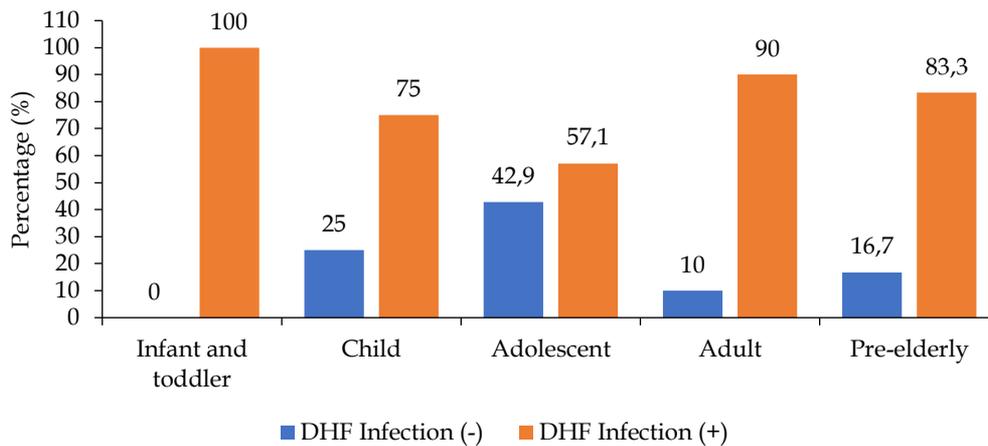


Figure 1. Respondent age with DHF infection in Lombok Barat

All infant and toddler (0-5 year) respondents tested (100%) positive for DHF while adolescent (13-18 year) 57.1%. Respondent age with DHF infection in Lombok Barat can be seen in Figure 1.

Age characteristics with DHF infection suggested that a higher prevalence of DHF cases occurred in children and young adults (Kusuma, 2025; Sabrina, 2024). In infants and toddlers (0-5 years), susceptibility to DHF infection may be due to immature immunity, while susceptibility among young adults is primarily the result of intense outdoor activities, increasing the risk of contact with the vector. Facchinelli et al. (2023) add that children often play outdoors in areas with potential *Aedes aegypti* breeding sites, making them more susceptible to dengue virus exposure.

Sex and DHF Infection

Table 2 presents respondent sex with DHF infection in Lombok Barat.

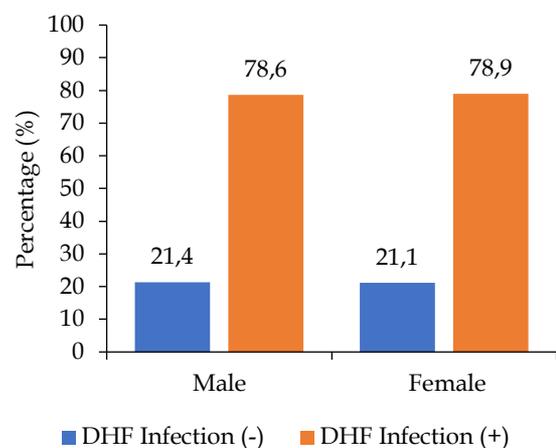


Figure 2. Respondent sex with DHF infection in Lombok Barat

The case distribution showed a higher number of infection cases in females (78.9%) compared to that in males (78.6%), with a relatively slight difference.

Respondent sex with DHF infection in Lombok Barat can be seen in Figure 2.

Other research also demonstrates no significant relationship between sex and DHF occurrence in Minahasa (Klein & Flanagan, 2016). From a physiological perspective, females tend to exhibit a

stronger humoral immune response, including antibody production, making them more susceptible to diseases affected by a hyperactive immune response (Baitanu et al., 2022). And yet, a high infection rate in both sexes, as exhibited in this present study, confirms the dominance of environmental factors as key determinants.

Table 2. Respondent sex with DHF infection in Lombok Barat

Sex	DHF infection				Total	
	Sub-total (Negative)	Percentage (%)	Sub-total (Positive)	Percentage (%)	Sub-total	Percentage (%)
Male	3	21.4	11	78.6	14	100
Female	4	21.1	15	78.9	19	100
Total	7		26		33	

Levels of Education and DHF Infection

Table 3 suggests respondent levels of education with DHF infection in Lombok Barat. Based on education level, not completing elementary school and higher education, the dengue fever infection rate is the same at 100%, respectively, relative to junior high school at 50%. Respondent levels of education with DHF infection in Lombok Barat can be seen in Figure 3.

The results also exhibited that formal education alone was insufficient to protect individuals from DHF

infection without healthy behaviors and supporting environmental conditions. Research performed in West Jakarta also found no significant association between levels of education and DHF occurrence despite good levels of knowledge among the community (Yandika, 2022). According to Misnawati et al. (2025), changes in preventive behaviors are more influenced by culture and the availability of facilities, such as mosquito nets, fogging, or the PSN 3M Plus program.

Table 3. Respondent levels of education with DHF infection in Lombok Barat

Levels of education	DHF Infection				Total	
	Sub-total (Negative)	Percentage (%)	Sub-total (Positive)	Percentage (%)	Sub-total	Percentage (%)
Not completing elementary school	0	0	2	100	2	100
Elementary school	2	18.2	9	81.8	11	100
Junior high school	3	50	3	50	6	100
Senior high school	2	16.7	10	83.3	12	100
Higher education	0	0	2	100	2	100
Total	7		26		33	

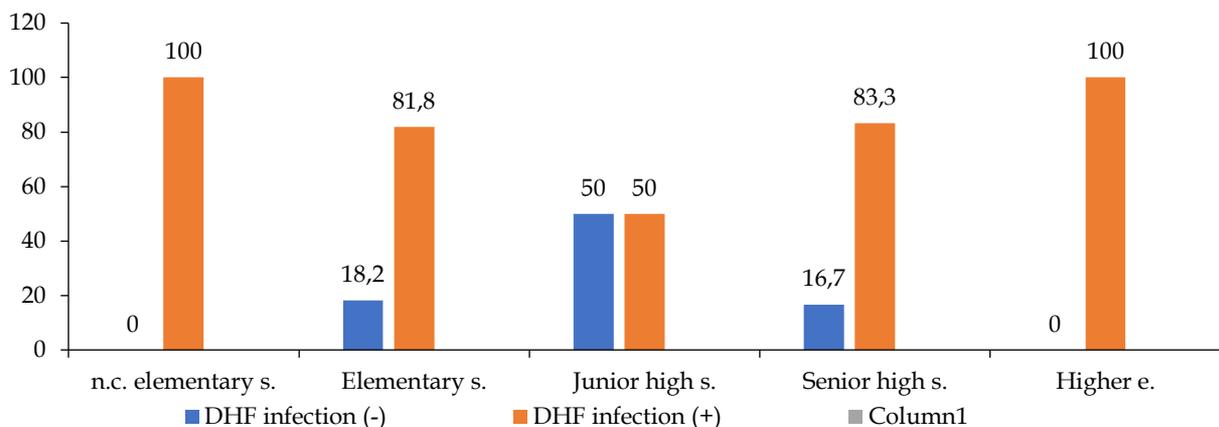


Figure 3. Respondent of level education with DHF infection in Lombok Barat

Levels of Knowledge and DHF Infection

Table 4 exhibits respondent levels of knowledge with DHF infection in Lombok Barat. In other words, the

tendency for high positivity rates across all levels of knowledge groups explicate that knowledge alone

cannot serve as the primary protective factor against infection.

This condition lays out that environmental factors, specifically the quality of sanitation, the presence of vector breeding sites, and levels of community exposure to vector bites, exert dominant effects. That is, although respondents come with a sufficient understanding of the disease, transmission methods, and preventive measures, it is not always directly proportional to a lower incidence of positive cases (Rahmah et al., 2023;

Yandika, 2022). This phenomenon is likely due to the limited application of preventive behaviors amid unsupportive environmental conditions, such as poor drainage systems or high vector density (Arsyadin et al., 2023; Abdul, 2023; Panggabean et al., 2025). Similarly, a study in Lubuk linggau also indicates that levels of knowledge are correlated with preventive practices but do not always have a direct relationship with infection status, as the presence of *Aedes aegypti* vectors remains the key factor (Yuniar et al., 2024).

Table 4. Respondent levels of knowledge with DHF infection in Lombok Barat

Levels of knowledge	DHF infection				Total	
	Sub-total (Negative)	Percentage (%)	Sub-total (Positive)	Percentage (%)	Sub-total	Percentage (%)
Low	2	14.3	12	85.7	14	100
Moderate	4	36.4	7	63.6	11	100
High	1	12.5	7	87.5	8	100
Total	7		26		33	

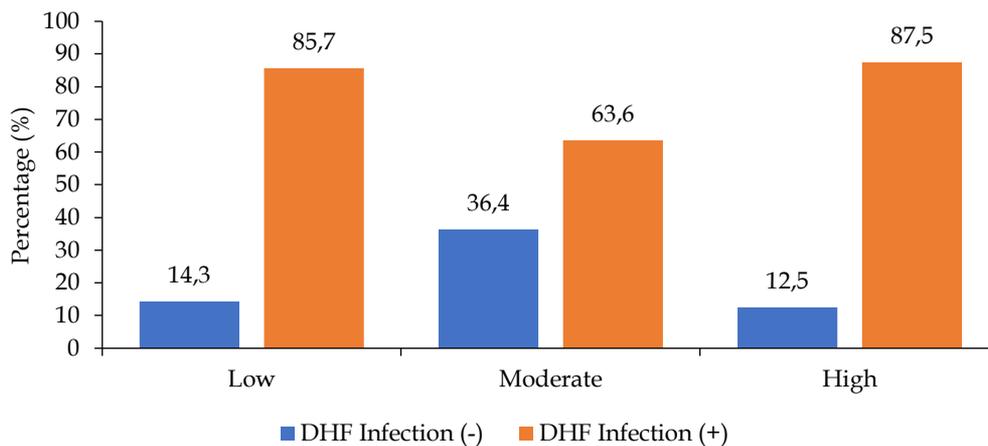


Figure 4. Respondent levels of knowledge with DHF infection in Lombok Barat

Immune Response to Dengue Infection

A total of 32 respondents (97%) experienced their first episode of DHF infection, while one respondent (3%) had a history of more than one infection. Table 1 demonstrates respondent immune responses to dengue infection with IgM and IgG tests. Respondent immune responses exhibited that 21.2% tested positive and 78.8% tested negative for IgM, while 63.6% tested positive and 36.4% tested negative for IgG. Respondent immune responses to DHF infection in Lombok Barat can be seen in Figure 5.

Statistical analysis of dengue fever infection with IgM using the Chi-square test obtained $p = 0.049 < \alpha = 0.05$, while dengue fever infection with IgG was $p = 0.113 > \alpha = 0.05$. The results of the analysis showed that there was a significant relationship between dengue fever infection and IgM test results, but there was no significant relationship between dengue fever infection and IgG test results in this study. Most of the DHF

infections in Lombok Barat were categorized as primary infections.

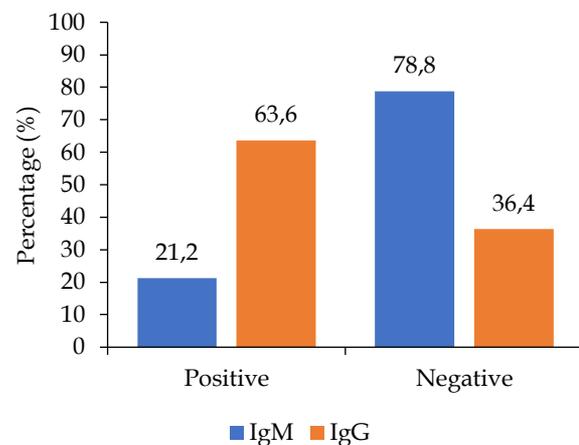


Figure 5. Respondent immune responses to DHF infection in Lombok Barat

Immunological theory explains that IgM serves as a marker of the acute phase, whereas IgG signifies a secondary infection (Guzman & Harris, 2015). IgM is more sensitive for early diagnosis, while IgG is more relevant to predicting the risk of secondary infection (Waggoner, 2016). The results of a study at Sanglah General Hospital in Denpasar showed that serological tests showed that 3 (8%) people had positive IgM, 14 (39%) people had positive IgG, and 19 (53%) people had

positive IgM and IgG. Prior studies found a higher occurrence of secondary infection (IgG positive) than that of primary infection (Trisnadewi & Wandu, 2016).

In Indonesia, the circulation of multiple dengue serotypes (DEN-1 to DEN-4) has been reported, which elevates the risk of secondary infection. This finding elucidates the high detection rate of IgG, even though it is not significantly associated with the current infection status.

Table 5. Respondent immune responses to DHF infection in Lombok Barat

Test result	IgM		IgG	
	Sub-total	Percentage (%)	Sub-total	Percentage (%)
Positive	7	21.2	21	63.6
Negative	26	78.8	12	36.4
Total	33	100	33	100

Conclusion

The IgM immune response among clinically diagnosed DHF patients was 21.2%, while the IgG response was 63.6%. Statistical analysis of dengue fever infection with IgM using the Chi-square test obtained $p=0.049 < \alpha = 0.05$, while dengue fever infection with IgG was $p = 0.113 > \alpha = 0.05$. The results of the analysis showed that there was a significant relationship between dengue fever infection and IgM test results, but there was no significant relationship between dengue fever infection and IgG test results in this study. Most of the DHF infections in Lombok Barat were categorized as primary infections.

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Author Contributions

Conceptualization, investigation, E.Y.T., E.R., and U; drafting, E.R. and U; review and editing, E.Y.T. and E.R.

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Conflicts of Interest

The authors declare no conflict of interest.

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